## Madison Elementary School Yellow Ribbon Week

## Great Kindness Challenge

January 22 - 26, 2018

| Monday,  | Tuesday,   | Wednesday,   | Thursday,  | Friday,   |
|--|--|--|--|---|
| January 22   | January 23   | January 24   | January 25   | January 26  |
| Theme:   | Theme:   | Theme:   | Theme:   | Theme:  |
| Compliment   | Random Acts  | Make a   | Be Kind to   | Be an   |
| Day!   | of Kindness  | New Friend   | Yourself   | Upstander   |
|  | Day!   | Day!   | Day!   | Day!  |
| Activities:  | Activities:  | Activities:  | Activities:  | Activities:   |
| * Sincerely compliment 5 people  * Say good morning or hello to 3 people  * Smile intentionally throughout the day  * Tell someone to have a great day | * Write a thank you note to someone who has done something nice for you  * Give someone in your family a hug  * Notice what someone needs and find a way to be helpful | * Give 3 people a high five and tell them good job for something  * Sit by someone new at lunch  * Invite someone new to play with you at recess | * Think of 3 things you have done well lately  * Look in the mirror and compliment yourself  * Respect yourself and others. Show your school spirit and wear The Character Counts! color for respect, yellow | * Words have power: use your words to inspire or bring joy to someone  * Put—up a Put-down: No Name Calling  * Stand up for someone being teased  * Be a Good Sport  I can BEE  a GOOD SPORT  by not getting angry if defeated at something, or boasting if I win at something. |